Working Memory Remediation

Say "I am going to say some numbers, and you say them right after me." Start with digits forward and keep working until your child is fluent up to at least 7 digits. Then switch it up and say "I am going to say some numbers, and then you say them to me backwards, with the last number first." I usually strike a mark through each number that is given in correct order. Here are some numbers you can print and use for the exercise. Say the numbers in a cadence of about one number per second. Don't spend more than 5-10 minutes at a time on this.

739	538	327	793
410	214	519	875
5193	5287	3721	2617
9821	8720	2856	5728
78314	68731	62902	38906
63925	29014	41768	90324
468310	890158	196024	538290
397247	190824	296735	102867
2147953	2967421	1083567	5073923
8412579	3974924	6743782	1342587
69371246	48672392	47824327	28963413
37250937	48094673	21597681	80795423

