Autism/Aspergers Test

1. Theory of Mind is

a.) The ability to understand how others may have different thoughts, perspe3ctives, and feelings.

b.) Often lacking to some degree in people with autism spectrum disorders.

c.) Not part of difficulties with social skills.

d.) a & b

2. Mindblindness may result in difficulty

 a.) being overly honest of blunt

 b.) Predicting feelings of others

 c.) Misinterpretation of the intentions or plans of others

 d.) All of the above

3. People with autism

 a.) Are often the targets of bullying, teasing, and exclusion.

 b.) Don’t like people.

 c.) Usually won’t improve their social skills even with time and intervention.

 d.) Understand what is expected socially but choose not to meet expectations.

4. What might be helpful to a child in school who gets anxious and over stimulated?

 a.) Keep them in the mainstream so they get used to it.

 b.) Wait until they fall apart and then give them consequences for misbehavior.

 c.) Schedule breaks for them to escape and recharge whether they appear to need it or not.

 d.) Expect them to ask for what they need.

5. Special interests

 a.) Should be discouraged because these kids get overly focused and perseverate.

 b.) Are a dysfunctional form of escape.

 c.) Are a source of soothing and should be encouraged, they may be a source of vocation later.

 d.) None of the above.

6. How can children in the spectrum be helped with stress?

 a.) Frequent breaks

 b.) Opportunity for movement

 c.) Develop an appropriate outlet, do something you like

 d.) All of the above

7. Bran skills such as flexibility, emotional control, planning, organization;

 a.) Likely are poorly developed with autism spectrum disorders.

 b.) Are called executive skills or executive functions and can be taught.

 c.) a & b

 d.) None of the above

8. Social withdrawal and avoidance

 a.) Can be a defense mechanism

 b.) Can result from sensory overload

 c.) Always indicates a lack of interest in relationships

 d.) a & b

9. Autism is characterized by

 a.) Disruptions in sensory processing

 b.) Disruptions in social skills

 c.) Unusual pre-occupations

 d.) All of the above

10. Difficulties with social interactions may arise from

 a.) Weak understanding of “hidden rules.”

 b.) Difficulty processing a lot of information in a social setting.

 c.) Disrupted development of theory of mind.

 d.) All of the above.

11. Thinking in pictures rather than words may result in

 a.) Problems communicating

 b.) Difficulty with problem solving

 c.) Challenges in regulating emotions

 d.) All of the above