

Functional Behavior Assessment

What is the behavior problem? _____

In what setting(s) does the behavior occur, with whom?

How often does it happen, how long does it last? What time of day?

Reinforcer- what happens right after the behavior occurs?

Trigger- what happens right before the behavior occurs?

What is the function of the behavior?

To avoid work or demands

To get what they want, Gain attention

Overstimulation/avoid sensory overload/obtain sensory input

Mood issue ie irritability/depression

Family issues

Medication side-effect

Affective regulation problem/emotional instability

Cognitive distortion- you NEVER say yes

Communication need

Curriculum- is it too hard?

Modeling- who else does this behavior?

Physiological/constitutional- is there a medical condition, developmental delay, temperament or personality issue?

What is the replacement behavior?

Who will teach it and when?

How will we reinforce efforts at performing the replacement behavior?

Functional Behavior Assessment

How will we reinforce when the problem behavior is not occurring?

